| SECTION 1 | CROSS ROCK , HEEL, CROSS ROCK, HEEL, CROSS ROCK, KICK x2 ¼ TURN, SLAP ¼ TURN, HOOK |
| :---: | :---: |
| 1 \& 2 | Rock RF in front of LF, Back on LF, Step RF behind with Heel LF in front |
| 3 \& 4 | Rock RF in front of LF, Back on LF, Step RF behind with Heel LF in front |
| 5 \& 6 | (with $1 / 4$ turn on the right) Rock RF in front of LF, Kick RF, Kick LF |
| 7-8 | ( with $1 / 4$ turn on the right ) Slap RF behind LF with Left Hand, Hook LF in front RF |
| SECTION 2 | SHUFFLE, FULL TRUN, ROCK STEP, COASTER STEP |
| 1 \& 2 | Shuffle L-R-L |
| 3-4 | Full Turn on the left |
| 5-6 | Rock RF in front, Recover |
| 7 \& 8 | Coaster Step R-L-R |
| SECTION 3 | STEP, TOUCH, STEP FULL TURN, TOUCH, ROCK STEP, STOMP, APLLEJACKS |
| 1 | Step LF forward, |
| 2 \& 3 | Touch RF on the right, Full Turn on the right, Step LF on the left (weight on the left) |
| 4 | Touch RF behind LF |
| 5 \& 6 | Rock RF behind, Recover, Stomp RF |
| 7 \& 8 | Applejack x2 (Right then Left) (weight on the RF in the end) |
| SECTION 4 | TOE STRUT ½ TURN $\times 3$, STOMP, FAN $\times 2$, KICK BALL STOMP |
| 1 \& 2 \& | Toe Strut LF behind with $1 / 2$ turn on the left, Toe Strut RF in front with $1 / 2$ turn on the right |
| 3 \& 4 | Toe Strut LF behind with $1 / 2$ turn on the left, Stomp RF in front |
| 5 \& 6 | Fan Heel RF on the right $\times 2$ (weight on the LF in the end) |
| 7\& 8 | Kick Ball RF, Stomp LF in front |
| SECTION 5 | SWIVELS, STOMP UP |
| \& 1 \& 2 | (With LF only) Toe, Heel, Toe on the left, Stomp up RF near LF |

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| SECTION 1 | SHUFFLE, STEP-STOMP UP x3, SHUFFLE, ROCK STEP ½ TURN |
| :---: | :---: |
| 1 \& 2 | Shuffle R-F-R forward |
| \& 3 | Step LF on the left forward, Stomp up RF near LF |
| \& 4 | Step RF on the right backwards, Stomp up LF near RF |
| \& 5 | Step LF on the left backward, Stomp up RF near LF |
| 6\&7 | Shuffle backwards R-L-R |
| \& 8 | Rock LF with $1 / 2$ Turn on the left, Recover |
| SECTION 2 | SHUFFLE, STEP-STOMP $\times 3$, SHUFFLE, ROCK STEP $1 / 2$ TURN |
| 1 \& 2 | Shuffle L-R-L with $1 / 2$ Turn on the left |
| \& 3 | Step RF on the right forward, Stomp up LF near RF |
| \& 4 | Step LF on the left backwards, Stomp up RF near LF |
| \& 5 | Step RF on the right backwards, Stomp up LF near RF |
| 6\& 7 | Shuffle backwards L-R-L |
| \& 8 | Rock RF with $1 / 2$ Turn on the right, Recover |
| SECTION 3 | SHUFFLE, STEP-STOMP UP $\times 3$, SHUFFLE, ROCK STEP $1 ⁄ 2$ TURN |
| 1 | (while going forward) Step RF 112 Turn on the right, Step LF $1 / 2$ Turn on the right, Step Rf 112 Turn on the right |
| 2 | Stomp Up RF |

